

SINGLEHANDED SAILING SOCIETY
2009 NOTICE OF RACE and STANDING SAILING INSTRUCTIONS
Amended 1/15/09

1. RULES

- a. The rules as defined in the Racing Rules of Sailing 2009-2012 (RRS) will govern all SSS races except the Three Bridge Fiasco, which will be governed by RRS 2005-2008. These Sailing Instructions do not apply to the LongPac. The additional Sailing Instructions for each race may further modify RRS and these Instructions.
- b. Between the hours of sunset and sunrise, the Steering and Sailing Rules of the International Rules for the Prevention of Collisions at Sea and of the Unified Inland Rules shall replace Part 2 of RRS.
- c. In accordance with the purpose of these races, the following equipment and practices are allowed:
 - i. Autopilot and/or wind-powered self-steering gear. This modifies RRS 52.
 - ii. Twin headsails set on two poles for downwind sailing. This modifies RRS 50.2.

2. DISQUALIFICATION WITHOUT HEARING

This modifies RRS 63.1 and A5. The Race Committee will disqualify, without a hearing, a boat that (according to the Coast Guard, civil authorities or commercial vessels, or the Race Committee's observation):

- a. **Impedes the passage** of a vessel that can safely navigate only within a narrow channel or fairway, or the passage of a vessel with limited maneuverability (reference: International and Inland Rules 9 and 18), or
- b. Finishes between the hours of sunset and sunrise without displaying **proper running lights** (reference: International and Inland Rules 20 and 25). The official times of sunset and sunrise will be those published by NOAA (National Oceanic and Atmospheric Administration) for San Francisco, with a tolerance of three minutes to allow for interpolation errors.

3. ELIGIBILITY

These races are open to monohulled and multihulled sailboats. Specific eligibility requirements follow.

For races whose entire course is inside San Francisco Bay:

- a. Monohulls: Any boat with a current Northern California PHRF Certificate or PHRF Monterey Bay Certificate.
- b. Multihulls: Any boat at least 19 feet long and at least 8 feet wide with a current Northern California MPHRF Certificate.

For races whose course includes Coastal waters outside San Francisco Bay:

Boats must meet the requirements for races inside San Francisco Bay. They may not use hiking assists such as trapezes, racks or sliding seats.

4. MINIMUM EQUIPMENT

All boats must comply with the U.S. Coast Guard's requirements for recreational vessels and shall carry the following minimum equipment.

For races whose entire course is inside San Francisco Bay:

- a. VHF radio.
- b. Compass.
- c. Charts and piloting tools.
- d. Anchor with suitable rode.
- e. Fog horn.
- f. First aid kit.
- g. Waterproof flashlight.
- h. An alternate means of propulsion.
- i. Navigation lights meeting U.S. Coast Guard requirements.
- j. Fire extinguisher(s) meeting U.S. Coast Guard requirements.
- k. Manual bilge pump of at least 10 gallons per minute capacity.
- l. Lifejacket with whistle and strobe light attached, for each crewmember.

For races whose course includes Coastal waters outside San Francisco Bay:

Boats must meet the requirements for races inside San Francisco Bay. In addition, they must comply with the ISAF 2008/09 Offshore Special Regulations for Race Category 2, as amended by the OYRA prescriptions and SSS prescriptions.

OSR requirements for monohulls may be viewed and downloaded at:

[http://www.sailing.org/tools/documents/OSR2008_Mo2_181207-\[4342\].pdf](http://www.sailing.org/tools/documents/OSR2008_Mo2_181207-[4342].pdf)

OSR requirements for multihulls may be viewed and downloaded at:

[http://www.sailing.org/tools/documents/OSR2008_Mu2_181207-\[4343\].pdf](http://www.sailing.org/tools/documents/OSR2008_Mu2_181207-[4343].pdf)

The OYRA prescriptions may be viewed and downloaded at: http://www.yra.org/OYRA/ocean_safety.html

The SSS prescriptions (which shall prevail over the OYRA prescriptions in case of conflict) are:

- a. Reserve navigation lights are not required (reference: OSR 3.27.4).
- b. Sufficient fuel shall be carried to motor at hull speed for four hours (rather than eight – reference: OSR 3.28.3b).
- c. First aid training is strongly recommended, but not required (reference: OSR 4.08.3).
- d. Multihulls shall carry a drogue for speed management.

5. UNUSUAL DESIGNS; INSPECTION

- a. Entrants are advised that any unusual arrangement in hull, rig, sails, ballast, or equipment that the Race Committee considers to be a potential hazard, or an attempt to violate or circumvent the intent of these Sailing Instructions, will be grounds for rejection of entry.
- b. The Race Committee reserves the right to inspect any entered boat and to cancel its entry, if they find that it does not meet the requirements or intent of these Sailing Instructions.

6. CALENDAR

The dates of each race are posted at www.sfbaysss.org or attached to these Sailing Instructions as a separate document.

7. MEETINGS

Meetings and other events associated with each race are announced in the additional Sailing Instructions.

8. ENTRIES

- a. A singlehanded entry shall have a crew of one named person, who shall be at least 18 years of age. A doublehanded entry shall have a crew of two named persons, one of whom shall be at least 18 years of age. Sponsored boats are permitted.
- b. Members of Singlehanded Sailing Society are entitled to enter the races (except the LongPac) without additional fees. The race entry fee for non-members is \$45 per race weekend. Fees may be paid by credit card if entering through Regatta Manager, by check, or by cash if hand-delivering the entry.
- c. Entries for each race shall be made electronically through Regatta Manager (link at www.sfbaysss.org), or on the SSS race entry form. Paper forms, accompanied by the entry fee if applicable, shall be delivered to the Race Committee by mail, by hand, or by other means that SSS may establish. In any case, **entries must be received no later than the skippers' meeting** (except for the Three Bridge Fiasco; see the additional Sailing Instructions for that race).

9. COURSES

Courses are specified in the additional Sailing Instructions for each race. A temporary mark may replace any specified mark.

10. DIVISIONS AND CLASSES

Unless otherwise stated in the additional Sailing Instructions, each race has Singlehanded and Doublehanded divisions, each being subdivided into seven classes as defined in the following table. One-design classes, or other special classes, require 5 or more entrants in the same division. The Race Committee may designate additional classes at its discretion. One-design or other special classes shall start with the class(es) that they would otherwise sail in, but will be scored separately.

Class 1	Multihulls, all MPHRF ratings	Flag J
Class SPORTBOAT	Monohulls with displacement-to-length ratio of 112 or less and waterline length of 32 feet or less; i.e. $D / (2.24 \times (LWL / 10)^3) \leq 112$ <i>and</i> $LWL \leq 32$ where D is displacement in pounds and LWL is waterline length in feet. Normally a boat will be classified on the basis of the dimensions appearing on its PHRF certificate. But if a boat type has many examples in the NCPHRF database and the race committee believes that an individual boat's D or LWL is in error, it may assign the boat to the same class as the majority of its type.	Flag G
Class 2	Monohulls, PHRF 104 & under, except Sportboats	Flag F
Class 3	Monohulls, PHRF 105 to 155, except Sportboats	Flag E
Class WYLIECAT 30	WylieCat 30's. This class shall start with Class 3 but will be scored separately.	
Class 4	Monohulls, PHRF 156 & over, except Sportboats	Flag D
Class 5	Monohulls, Non-Spinnaker, all PHRF ratings. Catboats and Sportboats are ineligible for this class. Note: Class 5 boats shall not use any type of spinnaker, including gennakers and cruising spinnakers. RRS 50.4 defines a spinnaker.	Flag C

11. HANDICAP

- a. Each monohulled boat must have a current Northern California PHRF certificate (issued by Yacht Racing Association of San Francisco Bay, 415-771-9500, www.yra.org) or a current PHRF Monterey Bay certificate (issued by Santa Cruz Yacht Club, www.scyc.org). Each multihulled boat must have a current MPHRF certificate (issued by Bay Area Multihull Association, www.sfbama.org). **A copy of the current certificate must be delivered to SSS no later than the Wednesday before the race.** This modifies RRS 78.2.
- b. To be eligible for the Season Championship, a boat may have no more than one change of PHRF certificate (not counting changes in its base rating) during the season.

12. COMMUNICATIONS

- a. **Prior to the first Warning signal** for the race, each boat shall check in by hailing the Race Committee on the **VHF** radio channel specified in the additional Sailing Instructions, advise the Race Committee of the boat's name and sail number, and receive an acknowledgment from the Race Committee.

- i. A boat that checks in after the first Warning but before the last start will receive a 20 minute time penalty without a hearing; this modifies RRS 63.1 and A5.
 - ii. A boat that fails to check in before the last start will be scored DNS; this modifies RRS A5.
- b. Competitors are advised to **monitor Vessel Traffic Service** on VHF channel 14 (inside the Bay) and 12 (on the ocean), and are strongly encouraged to **hail commercial vessels on channel 13** to ascertain their intentions. Information thus obtained about commercial traffic movements shall not be construed as outside assistance under RRS 41.
- c. Any boat that **retires from a race or does not finish within the time limit** must contact the Race Committee as soon as possible on the designated VHF channel, by telephoning the voicemail line at 866 SAIL SSS (866-724-5777) or by any other effective means. **Violators will be denied entry in future SSS races until they serve on Race Committee for one race.** Other boats are requested to relay VHF transmissions if direct communication with the Race Committee is not possible.
- d. Boats approaching the finish are requested to so notify the Race Committee on the designated VHF radio channel.

13. START

- a. Scheduled starting times are specified in the additional Sailing Instructions for each race.
- b. When one class's start coincides with another class's warning, the governing signal shall be the display of the latter class's flag. The removal of the first class flag may be delayed. This modifies RRS 26.

14. RESTRICTED AREAS

A boat that violates any of the following restrictions shall retire or face protest and disqualification.

- a. A boat shall not enter any of the following areas:
 - i. The area within 50 yards of the starting line, before its Warning signal
 - ii. Any area designated by the U.S. Coast Guard as prohibited to small craft
- b. The following buoys or other objects shall be left to the specified direction at all times. A boat violating this rule may not "unwind" to correct the violation; this modifies RRS 28.1.

<ul style="list-style-type: none"> i. H beam near St. Francis Yacht Club, to South ii. Buoy marking Anita Rock, to South iii. South Tower of the Golden Gate Bridge, to South iv. Buoy marking Little Alcatraz Rock, to East v. Buoy marking Point Belvedere, to North 	<ul style="list-style-type: none"> vi. Buoy marking Point Blunt, Angel Island, to North vii. Daymark at the outer end of the Berkeley Pier, to East viii. Buoy marking Castro Rock, to East
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15. TIME LIMIT

- a. A boat that does not finish by the time limit specified in the additional Sailing Instructions will be scored DNF. This modifies RRS 35.
- b. If no boat finishes within the time limit, the race will not be abandoned but all starters (except those scored DNS under SSI 12a or disqualified) will be scored DNF. This modifies RRS 35.
- c. In case of a postponement at the start, the time limit will be extended for the affected class(es) by an amount of time equal to the postponement.

16. PROTESTS

Protests shall be submitted in writing according to the form prescribed by RRS, and must be received by SSS no later than 48 hours after the time limit of the race. The protesting boat shall verbally notify the Race Committee of its intent to protest within one hour of its finish.

17. RACE SCORING

Singlehanded and Doublehanded divisions will be scored separately. Results will be calculated using Time-on-Time correction, using the formula $TCF = 700 / (520 + PHRF)$. Positions within class and overall in each division will be published.

18. SEASON SCORING

Singlehanded and Doublehanded season championships are scored separately. Points are accrued only by a specific skipper/boat combination; in other words, a boat sailed by a substitute skipper or a skipper who changes boats will be scored as an unrelated entry. Points are awarded in each race as follows:

- a. Finisher: Finishing position in division divided by number of starters in division, except:
 - i. First place in division: 0 points
 - ii. In LongPac or TransPac: Finishers receive normal points divided by 2
- b. Did not finish, or retired after finish: 1.1 points
- c. Disqualified: 1.2 points
- d. Did not start (includes DNC & OCS): 1.5 points, except 3 points in LongPac or TransPac
- e. Service on Race Committee in any race except LongPac or TransPac (maximum of one score per season):
 - i. Average of competitor's scores in all other races in excluding his worst score, except:
 - ii. If number of finishers in division divided by number of starters in division is less than above average: 1.1 points

Each competitor's season score is the total of his race scores excluding his worst score other than his LongPac/TransPac score. The competitor with the lowest season score is the champion, and others will be ranked accordingly.

19. AWARDS

- a. For each standalone race (except Half Moon Bay) and for the Vallejo 1-2 regatta, trophies are awarded for the top positions on corrected time in each class of each division as follows: first if 3 or more starters; second if 6 or more starters; third if 10 or more starters. The Race Committee may award additional place trophies at its discretion.
- b. Perpetual trophies are awarded to the winners of the Singlehanded and Doublehanded divisions in most races.
- c. Participation mementos are distributed at the awards meeting for each race. They may not be available otherwise.
- d. A perpetual trophy is awarded to the season champion in each of the two divisions.

20. AMENDMENTS

Written changes to the Sailing Instructions may be distributed at the skippers' meeting and shall prevail over these Instructions. Verbal changes may be announced over the VHF radio on the channel specified in the additional Sailing Instructions up until the first Warning signal of the race. Flag L will be flown if any verbal changes are announced.