



Singlehanded Sailing Society

2013 Notice of Race and Standing Sailing Instructions

1. RULES

- a. The rules as defined in the [Racing Rules of Sailing 2013-2016 with 2013-2016 US Sailing Prescriptions](#) applied (RRS) will govern these races. The Additional Sailing Instructions for each race may further modify RRS and these Instructions. Except as noted herein, this document does not apply to the LongPac.
- b. Between the hours of sunset and sunrise, the Steering and Sailing Rules of the *International Rules for the Prevention of Collisions at Sea* and of the *Unified Inland Rules* shall replace Part 2 of RRS.
- c. In accordance with the purpose of these races, the following equipment and practices are allowed:
 - i. Autopilot and/or wind-powered self-steering gear. This modifies RRS 52.
 - ii. Twin headsails set on two poles for downwind sailing. This modifies RRS 50.2.
 - iii. Powered winches, hydraulics, or furling devices – only on boats that have declared this information on their PHRF application and have been rated accordingly. This modifies RRS 52.

2. LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in these races are participating entirely at their own risk. See RRS 4, Decision to Race. Singlehanded Sailing Society (SSS) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in these events. By participating in these events, each competitor agrees to release SSS from any and all liability associated with such participation to the fullest extent permitted by law.

3. DISQUALIFICATION WITHOUT HEARING

This modifies RRS 63.1 and A5. The Race Committee will disqualify, without a hearing, a boat that (according to the Coast Guard, civil authorities or commercial vessel operators, or the Race Committee's observation):

- a. Impedes the passage of a vessel that can safely navigate only within a narrow channel or fairway, or the passage of a vessel with limited maneuverability (reference: International and Inland Rules 9 and 18), or
- b. Finishes between the hours of sunset and sunrise without displaying **proper running lights** (reference: International and Inland Rules 20 and 25). The times published by NOAA (National Oceanic and Atmospheric Administration) for sunset and sunrise in San Francisco will prevail, with a grace period of three minutes.

4. ELIGIBILITY

These races are open to:

- a. Any monohull of a design that has examples in the Northern California PHRF database, and/or at least 19 feet LOA with at least 400 lb solid ballast
- b. Any multihull at least 19 feet LOA and at least 8 feet wide with a current BAMA Multihull PHRF Certificate.

5. UNUSUAL DESIGNS; INSPECTION

The Race Committee reserves the right to inspect any entered boat, and to cancel the entry of a boat with any unusual arrangement in hull, rig, sails, ballast, or equipment that the Race Committee considers to be a potential hazard, or an attempt to violate or circumvent the intent of this document.

6. RACE CALENDAR

Date	Race	Race type	Notes
January 26	Three Bridge Fiasco	Bay	
March 16	Corinthian	Bay	
April 27	Round the Rocks	Bay	Berkeley
May 18	Singlehanded Farallones	Ocean	Singlehanded only
June 19	LongPac	Ocean	Separate Sailing Instructions; additional entry fee
August 17	Half Moon Bay	Ocean	
October 12-13	Vallejo 1-2	Bay	Two races; single entry fee

Meetings and other events associated with the races are announced in the Additional Sailing Instructions for each race. Race and meeting dates are also posted at the club's website, <http://sfbaysss.org>.

7. COURSES

The course for each race is specified in the Additional Sailing Instructions.

8. EQUIPMENT, INSPECTIONS, AND TRAINING REQUIREMENTS

a. For races whose entire course is inside San Francisco Bay:

Boats must comply with U.S. Coast Guard regulations and shall carry the following minimum equipment.

- i. Fire extinguisher(s) meeting U.S. Coast Guard requirements.
- ii. Manual bilge pump with capacity of at least 10 gallons per minute.
- iii. Anchor with suitable rode.
- iv. Navigation lights meeting U.S. Coast Guard requirements.
- v. Mechanical marine compass.
- vi. Appropriate charts and plotting tools.
- vii. Fog horn, operable independently of the boat's power system.
- viii. Waterproof flashlight.
- ix. First aid kit.
- x. Lifejacket with whistle and strobe light attached, for each crewmember.
- xi. VHF radio.
- xii. An alternate means of propulsion.

b. For races whose course includes ocean waters outside San Francisco Bay (Single Handed Farallones and Half Moon Bay):

- i. Boats are to meet the Northern California Ocean Racing Council (NCORC) Minimum Offshore Requirements (NCMOR) – which can be found at <http://norcalorc.org/gear>.
- ii. All boats are subject to random post-race inspection immediately after finishing a race for compliance with the NCMOR – which boats can avoid through an early season pre-race inspection (watch <http://norcalorc.org/inspectors> for details).

9. ENTRIES

a. Members of Singlehanded Sailing Society are entitled to enter the races (except the TransPac) without additional fees. (Basic membership is \$135 per calendar year. For more information, see <http://sfbaysss.org>.)

b. Single-race entry fees for non-members are \$45 in the Singlehanded Division and \$60 in the Doublehanded Division. The non-member fee for the Vallejo 1-2 regatta is \$60.

c. Entries for each race shall be made electronically through Jibeset or such other online service that the SSS Board may adopt (link at <http://sfbaysss.org>). Entries must be submitted **no later than the skippers' meeting**.

d. A boat in the Singlehanded Division shall have a crew of one named person, who shall be at least 18 years of age.

e. A boat in the Doublehanded Division shall have a crew of two named persons, one of whom shall be at least 18 years of age. Exception: A skipper may sail alone in the Doublehanded Division in one race per calendar year.

f. An entrant may not change classes or divisions after the entry deadline, except:

- i. In case of an error in the entry, or to opt into or out of a one-design or other special class that includes his/her boat.
- ii. An entrant may change from the Doublehanded to the Singlehanded Division until and including radio check-in. If doing so he may also change to Class C (non-spinnaker), if the boat is eligible. The difference in entry fee (if applicable) will not be refunded.
- iii. For a Bay race only, an entrant may change from the Singlehanded to the Doublehanded Division until and including radio check-in. He shall make good the increased entry fee (if applicable) before entering future SSS races.

10. DIVISIONS AND CLASSES

a. Unless otherwise stated in the Additional Sailing Instructions, each race has Singlehanded and Doublehanded Divisions.

b. Each Division is subdivided into seven boat classes as defined in the following table.

Class	Description	Flag
C	Monohulls, Non-Spinnaker, all PHRF ratings. Catboats and Sportboats are ineligible for this class. Note: Class C boats shall not use any type of spinnaker, including gennakers and cruising spinnakers. RRS 50.4 defines a spinnaker.	C
D	Monohulls, PHRF 153 & over, except Sportboats.	D
E	Monohulls, PHRF 111 to 150, except Sportboats.	E
F	Monohulls, PHRF 108 & under, except Sportboats.	F

Sportboat	Monohulls with displacement-to-length ratio of 112 or less and waterline length of 32 feet or less; i.e. $D / (2.24 \times (LWL / 10)^3) \leq 112$ and $LWL \leq 32$ where D is displacement in pounds and LWL is waterline length in feet. If the Race Committee has evidence that the dimensions on a boat's PHRF certificate are in error, it may assign the boat to the same class as the majority of its type.	G
Multihull	Multihulls, all MPHRF ratings.	J

c. In any race, upon request or following previous practice, a one-design class or other class for boats of similar characteristics will be established in each Division in which the class has five or more entrants. Boats in these classes shall start with the class(es) that they would otherwise sail in, but will be scored separately.

11. HANDICAP

a. Except as noted below, each monohulled boat must submit a current Northern California PHRF certificate issued by Yacht Racing Association of San Francisco Bay, 415-771-9500, <http://yra.org>.

- i. Boats belonging to organized one-design fleets, conforming to the class rules, do not require a certificate. They will be scored with the one-design NCPHRF rating.
- ii. Boats may enter one race per calendar year without a certificate. The Race Committee will assign a rating - possibly based on a prior expired or sistership certificate - which may not be appealed except by submission of a current Northern California PHRF certificate.

b. Each multihulled boat must submit a current Multihull PHRF certificate issued by Bay Area Multihull Association, <http://sfbama.org>.

c. Any entrant submitting a certificate shall upload a copy to the online registration service no later than the entry deadline, unless alternative arrangements are made with the Race Committee. This modifies RRS 78.2.

12. COMMUNICATIONS

a. Prior to the first warning signal for the race, every boat shall check in by hailing the Race Committee on the VHF radio channel specified in the Additional Sailing Instructions, identifying itself by boat name and sail number, and advising the Race Committee of any change in crew, division or class (see 9.f above). Check-in is incomplete until the boat receives an acknowledgment from the Race Committee.

- i. A boat that checks in after the first warning but before the last start will receive, without a hearing, a penalty of 20 minutes added to its corrected time. This modifies RRS 63.1 and A5.
- ii. A boat that fails to check in before the last start will be scored DNS; this modifies RRS A5.

b. Any boat that retires from a race or does not finish within the time limit must contact the Race Committee as soon as possible on the designated VHF channel, by voicemail at 866 SAIL SSS (866-724-5777), or by any other effective means. Violators will be denied entry in future SSS races until the skipper serves on Race Committee for one race. Other boats are requested to relay VHF transmissions if direct communication with the Race Committee is impossible.

c. Boats approaching the finish are requested to hail the Race Committee on the designated VHF channel.

d. Communication with Vessel Traffic Service or with commercial vessels about their movements shall not be construed as outside help under RRS 41.

13. START

a. Scheduled starting times are specified in the Additional Sailing Instructions for each race.

b. If flag L is displayed, the Race Committee may omit any or all other visual and/or sound signals while conducting the start verbally on the designated radio channel. This modifies RRS 26.

14. RESTRICTED AREAS

A boat that violates any of the following restrictions shall retire or face protest and disqualification. It may not "unwind" to correct the violation; this modifies RRS 28.1.

a. A boat shall not enter any of the following areas:

- i. The area within 50 yards of the starting line, after the first warning signal and before its own warning signal.
- ii. The area around **Richmond Long Wharf**, bounded by two lines connecting the three buoys G "3" FI G 4s (1/3 nm south of Long Wharf), R "2" Q R (1/2 nm west of Long Wharf) and R "2CR" FI R 4s (Castro Rock), and by lines running northeast from the first and last of those buoys to the Richmond shore.

b. Boats shall not pass between the following buoys or landmarks and the nearest point on the specified shore.

- i. Vertical '**H**' beam just west of St. Francis Yacht Club – and the San Francisco shore
- ii. **Anita Rock** and any buoy marking same – and the San Francisco shore
- iii. **South Tower** of Golden Gate Bridge – and the San Francisco shore
- iv. Buoy GR BELL marking **Little Alcatraz** Rock – and Alcatraz
- v. Buoy G "3" Q G – and **Pt. Blunt**, Angel Island
- vi. Daymark FI R 4s 15ft 4M "2" at the outer end of the **Berkeley Pier** – and the Berkeley shore

15. TIME LIMIT

- a. Time limits are specified in the Additional Sailing Instructions for each race. A boat that does not finish by the time limit will be scored DNF, unless it receives a worse score for another reason. This modifies RRS 35.
- b. In case of a postponement of the start, the time limit will be extended for the affected class(es) by a time increment equal to the duration of the postponement.

16. PROTESTS

- a. A boat shall notify the Race Committee of its intent to protest within one hour of its finish.
- b. Protests shall be submitted in writing according to the form prescribed by RRS, and must be received by SSS no later than 48 hours after the time limit of the race.

17. RACE SCORING

The Singlehanded and Doublehanded Divisions are scored independently. Races will be scored Time on Time, using the formula $TCF = 700 / (520 + PHRF)$. Positions within class and overall in each division will be published.

18. SEASON SCORING

- a. Singlehanded and Doublehanded season championships are scored independently. In each race, points are awarded on the basis of the overall standings within division; i.e. results within boat classes are disregarded.
- b. Points are accrued only by unique skipper/boat combinations; i.e. a boat sailed by a substitute skipper or a skipper who changes boats will be scored as an unrelated entry.
- c. Points are awarded in each race as follows:
 - i. Finisher: Finishing position in division divided by number of starters in division, except:
 - a. First place in division: 0 points
 - b. Finishers in the LongPac receive normal points divided by 2
 - ii. Finished after deadline: 1.0 point in Half Moon Bay Race (not applicable in other races)
 - iii. Did not finish, or retired after finish: 1.1 points
 - iv. Disqualified: 1.2 points
 - v. Did not start (includes DNC and OCS): 1.5 points
 - vi. An entrant in the Singlehanded division in the Corinthian, Round the Rocks or Half Moon Bay race, who finishes the race, will, in addition to receiving his/her Singlehanded score, receive 0 points in the Doublehanded division for that race (limit one such score per season).
- d. Each competitor's season score is the total of his/her race scores excluding his/her worst score, except that his/her LongPac score cannot be discarded. The competitor with the lowest season score is the champion, and others will be ranked accordingly.

19. AWARDS

- a. For each stand-alone race except Half Moon Bay, trophies are awarded for the top positions on corrected time in each class of each division as follows: first if two or more starters; second if five or more starters; third if nine or more starters. The Race Committee may award additional place trophies at its discretion.
- b. For the Vallejo 1-2 regatta, trophies are awarded for the combined results of the two races.
- c. Perpetual trophies are awarded to the winners of the Singlehanded and Doublehanded divisions in most races.
- d. Participation mementos are distributed at the awards meeting for each race. They may not be available afterward.
- e. A perpetual trophy is awarded to the season champion in each of the two divisions.

20. AMENDMENTS

- a. Written changes to these Instructions or the Additional Sailing Instructions will be posted on the website <http://sfbaysss.org> no later than 9:00 pm on the Thursday before the race.
- b. Oral changes may be announced on the VHF radio channel specified in the Additional Sailing Instructions, up until the first Warning signal of the race. Flag L will be flown if any oral changes are announced.